

🌿 Nature Awareness Community Walk 🌿

Snowdon (Yr Wyddfa)

Route: Pyg Track up • Miners' Track down



Walk Details

Walk date	25/07/2026
Meeting point	Nant Peris Car Park https://maps.app.goo.gl/aux4LTL3SLRMToyw5
Meeting time	08.30am expected time finish 5pm

Welcome!

Firstly... thank you for saying yes to another adventure!

I'm really looking forward to this one. Whether you've been on loads of Nature Awareness walks or this is your first one, it's going to be a brilliant day.

This isn't about getting to the top as fast as possible.

It's about slowing down, switching off from everyday life, connecting with nature, challenging ourselves, having some laughs and spending time with an amazing bunch of people.

Yes, we'll hopefully stand on the highest mountain in Wales... but the journey up is just as important as the summit.

A Few Important Bits

We'll be walking up the Pyg Track and coming down the Miners' Track. This is one of the most popular routes on Snowdon and is walked by thousands of people every year.

That being said... it's still a mountain.

The weather can change in minutes, the ground can be uneven, there are rocks, loose paths and steep sections, so we all need to respect it.

By signing below, you're simply saying...

- ☒ You understand that mountain walking comes with normal risks like slips, trips, falls and changing weather.

- ✓ You're happy that you're fit and well enough to take part.
- ✓ You'll bring suitable clothing, walking boots, food, water and any medication you might need.
- ✓ If you've got any medical conditions I should know about, you'll let me know before we set off.
- ✓ You understand that if the weather decides to do its own thing (which Snowdon is quite good at!) I may need to change, postpone or cancel the walk for everyone's safety.
- ✓ You know that if at any point you don't feel comfortable carrying on, that's absolutely fine. The mountain will always be there another day.

My Bit

I'll organise the route, keep an eye on the weather, lead the walk and make sure we've all got a rough plan for the day. I'll always do my best to make sure everyone has a safe and enjoyable day.

Your Bit

You're responsible for your own health, wellbeing and personal safety while we're on the mountain. Mountain walking naturally comes with risks that none of us can completely remove. By coming along, you're accepting those normal risks and taking responsibility for your own participation.

Basically... I'd much rather spend the day taking photos, laughing and drinking a brew at the summit than filling out insurance forms or being sued... None of us need that kind of stress! 😂

Kit Checklist

Just a quick check before we leave...

- ☐ Walking boots
- ☐ Waterproof jacket
- ☐ Warm layer
- ☐ Food & snacks
- ☐ At least 2 litres of water
- ☐ Any medication you need
- ☐ Fully charged phone
- ☐ Hat, gloves or sun cream... depending on what Snowdon decides to throw at us!

Emergency Contact

Name	
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Relationship	
Telephone	

Anything I Should Know?

Medical conditions, allergies or anything else that may be helpful.

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Participant Declaration

I have read this form and understand what mountain walking involves. I choose to take part in the Nature Awareness Snowdon walk and accept responsibility for my own health, wellbeing and personal safety throughout the day.

Name	
Signature	
Date	

One Last Thing...

Thank you for being part of this amazing community.

Nature Awareness has never really been about climbing mountains... it's about climbing the mountains life throws at us too.

Let's switch off the noise, breathe in some fresh Welsh air, have a proper laugh, make some memories and enjoy another boss day together.

See you all on the mountain!

Leah 

Founder – Nature Awareness